

Young Carers

A young carer is someone under 18 who helps look after someone in their family, or a friend, who is ill, disabled, has a mental health condition or requires other forms of additional support.

This may involve helping their family with:

- Practical tasks like cooking, housework and shopping,
- Physical care,
- Emotional support,
- Personal care and much more.

This support can add pressures and have significant impact on a young persons life.

Young Carers at LCH

At Laurus Cheadle Hume we want to support our young carers with the additional challenges they may have in their life.

We aim to ensure they have a voice and a network of support which can involve teachers, external agencies and other young carers.

Young carer ambassadors at LCH school are:

Lead Ambassador V Lord (Head of Year)

Ambassador I Heslop (Assistant Head of School)

YOUNG CARERS! THURSDAY LUNCHTIME ROOM 1.06

with Mr Heslop and Miss Lord
Young Carer Ambassadors

Miss Lord



Mr Heslop



Additional Support for Young Carers

More advice and support for young carers and their families may be found out:

- LCH School Nurse (via HOY) (Lynsey Beacon)
- [Signpost Young Carers](#)
- [NHS](#)
- [Young Minds](#)
- [The Children's Society](#)

